

Welcome to Relationship Development Intervention[®]!

Congratulations! You have made an exciting decision to grow your relationship with your child in a very powerful way. The following information will prepare you for the first steps in your RDI[®] program.

Pre-RDA[®] Video Assignment

Videotapes of your interactions with your child provide invaluable information about who your child is. Please send a video sample of your child's interaction with you. The video must be shot within three months of the date of the scheduled RDA. The video needs to be received by your RDI[®] Program Certified Consultant at least one week in advance of your RDA[®].

The video should be approximately 20 minutes total, and include the following segments:

1. ***A typical interaction with each parent****, filmed in the home, when your child is relaxed and alert, in a setting with minimal distractions, noise and toys. You and your child should be engaged in an activity that is not a performance based task. Please avoid activities involving your child's special interests or fixations, video games, movie videos, computers or the television, as they can be distracting and/or exclusionary. Your child should be videotaped when there are no other demands on your time or attention.
 - a. **Ag^s 8 and older: a 5-10 minute conversation with one parent.** Select a topic that does not involve your child's special interests or fixations. If your child is non-verbal or unable to engage in a conversation, please substitute segments with each parent, as described below.
 - b. **A shared activity with each parent.** Please videotape an activity in which parent and child are interacting. The activity can be play, a household chore, a walk – any activity in which both the parent and child are actively engaged in the activity. Be careful not to videotape an interaction where the parent or child is a passive observer or performing as an “entertainer”.
2. ***A typical interaction with a peer (optional)***
 - a. If your child is attending school or has regular contact with peers, please try to obtain a video clip during an unstructured interaction with peers (only your child need be captured on video). If possible, videotape your child during a period of optimal peer interaction.

Be careful to position the camera so that faces of parent and child are visible. While you are not required to zoom in on faces, it is critical that facial expressions and body orientation are observable.

We have the capability to view the following North American video formats: VHS Cassettes, Digital or non Digital 8, Mini Digital Video Cassette (MiniDV) or DVD's, European PAL Digital or discuss with us options for website transfer. Any other video format will have to be transferred, by you, to match our capabilities for video submission.

* You may substitute a trusted, familiar parental figure if both parents are not available.