

RDI® Program Options

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Requirements prior to beginning the RDI® Program

1. View DVD entitled “RDI - Going to the Heart of Autism: The Relationship Development Intervention® Program. Available for purchase on the Connections Center website www.RDIconnect.com.
2. Attendance at a 2-day or 4-day parent training with Dr. Steven Gutstein may substitute for the first requirement.
3. Parent interview, in which program objectives are discussed. A plan is developed for meeting pre-RDA objectives, and the RDA is scheduled according to these objectives being met. For long distance clients, this process takes place via telephone, and a pre-RDA video assignment is also required. For local families, the video assignment is highly recommended, but not required.

1) Introductory Program

This option is available only to local families. It is designed to help parents meet the readiness requirements for the RDI® program, and the RDI® assessment and ongoing consultation process. This option allows you to learn about the many ways your child may benefit from the RDI® program, become more familiar with RDI® methods and strategies, begin to put some into practice, and develop the family commitment necessary to implement a comprehensive RDI® program. It does not include the Relationship Development Assessment (RDA)

- 4 Month Pre-RDA Program. \$1,200 paid in full at first meeting, or \$600 deposit due at first session and co-pays due at the time of service for those utilizing insurance benefits.
- 2 intake sessions, one with parents only, one with parents and child
- 2 visits per month (6 visits total), in-clinic consultations include 10-20 minute video review once per month
- Unlimited attendance at evening RDI related trainings at the MindSource Center
- RDI® Program materials and handouts

2) The Relationship Development Assessment (RDA) Basic Package

This package consists of 30 or more hours of service, which may either take place over 8 or more sessions (for local families), or may be condensed into a 3-day intensive RDA, for families traveling and requiring overnight accommodations. Three follow up consults are included in the fee, to support successful implementation of your RDI® home program

- \$3,295. \$1,650 due on the first date of service. Insurance may cover some of the costs depending on your coverage and the number of family members involved in assessment. Remaining balances are due at the end of the assessment or after insurance benefits have been received.
- Relationship Development Assessment (RDA)
- RDI® home program, treatment plan and DVDs of your RDI® training sessions
- 3 follow up consultations, either in clinic (billable to insurance), by telephone or online (not billable to insurance). This includes three 15- to 20-minute video reviews
- Unlimited attendance at RDI® parent education events at the MindSource Center

3) The Relationship Development Assessment (RDA) Basic Package: In Your Home

For residents of Alaska, Hawaii, some parts of Canada, and all other countries, it may be advantageous to consider an in-home assessment. Same services as described above, in the Basic Package, provided in your home

- RDA Basic Package
- \$4,195 plus a pre-negotiated travel fee
- For support that extends beyond the three follow up sessions included in this package, it is highly recommended that an additional 9 session consultation package be purchased to provide consults twice per month for the duration of your child's 6 month treatment plan.

4) Comprehensive RDI® Program Package

- 6 month contract. \$5,695. \$1,650 due on the first date of service for the first RDA. All co-pays are due at the time of office visits. Insurance may cover some of the costs associated with this package.
- Includes two RDAs, a pre-treatment Relationship Development Assessment (RDA), followed by 6 months of consultations, and a post-treatment RDA.
- 2 consultations per month (for a total of 12); consultations can consist of any combination of in-clinic, telephone or online contact and includes up to twelve 20-minute video reviews.

5) Consultation Package

This package serves to extend consultation services beyond an RDA, up to the full duration of your child's treatment plan, and is not available separately. Purchasing 9 consultations for \$990 will save you \$180 off the regular consult rate for 9 sessions. This plan is highly recommended for those without insurance coverage.